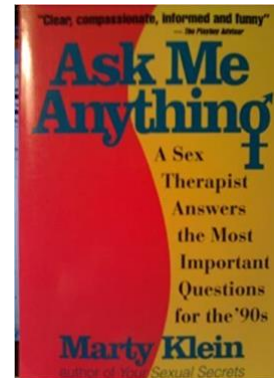


**"Ask Me Anything:  
A Sex Therapist Answers  
the Most Important  
Questions for the '90s."**

**Author Marty Klein**

PhD, Certified Sex  
Therapist and Licensed Marriage  
and Family Therapist for 34 years



**Question #552 from "Ask Me Anything," page 305**

**552. How will my pregnancy affect my libido?**

Each woman responds differently. Masters and Johnson documented a decreased libido in the first trimester, a rise in the second, and a gradual decline in the third. Other researchers report different patterns.

Experimenting with different positions and paying particular attention to lubrication can increase sexual pleasure, which can maintain or increase sexual interest.