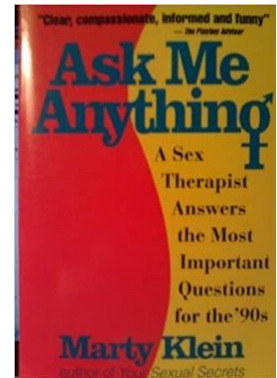


**"Ask Me Anything:
A Sex Therapist Answers
the Most Important
Questions for the '90s."**

Author Marty Klein

PhD, Certified Sex
Therapist and Licensed Marriage
and Family Therapist for 34 years



Question #552 from "Ask Me Anything," page 305

552. How will my pregnancy affect my libido?

Each woman responds differently. Masters and Johnson documented a decreased libido in the first trimester, a rise in the second, and a gradual decline in the third. Other researchers report different patterns.

Experimenting with different positions and paying particular attention to lubrication can increase sexual pleasure, which can maintain or increase sexual interest.